



Dr. Patrick A. DeHeer's Treatment Protocol Osteoarthritis

Ankle Injury

Ankle Osteoarthritis/Hindfoot Osteoarthritis (Post-traumatic or degenerative arthritis)

Treatment Protocol

Acute or Custom TayCo External Ankle Brace prescribed to prevent movement of the ankle joint can be effective to reduce pain and improve function in combination with appropriate shoe gear and a possible orthotics. Acute or Custom based on severity of deformity. Brace dispensed Fixed.

Outcomes

*The **TayCo External Ankle Brace** provides an excellent ankle foot orthoses (AFO) option for patients requiring ankle and foot stabilization or immobilization that attaches to a shoe instead of being put into a shoe. Many AFOs are challenging to fit into the limited space within a shoe. By attaching to the shoe externally, the TayCo Brace is an effective, user-friendly device. Additionally, the TayCo Brace allows for the use of a custom or accommodative orthoses.*

*With the **TayCo External Ankle Brace**, patients experience earlier return to function, better compliance, and better satisfaction relative to competitive products. Patient outcomes also improved, mainly due to compliance.*

*The **TayCo External Ankle Brace** is also a good non-surgical option, or can be a conservative option before treatment.*





Dr. Patrick DeHeer
Hoosier Foot and Ankle,
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Dr. DeHeer earned a doctor of podiatric medicine degree from the Dr. William M. Scholl College of Podiatric Medicine in Chicago, and completed his residency in podiatric surgery at Winona Memorial Hospital in Indianapolis and a fellowship in foot and ankle arthroscopy under one of the most innovative and well-known podiatrists in Indianapolis, Richard O. Lundeen, DPM. Dr. DeHeer is a leading expert and international speaker for modern podiatry care.